



USOC BIOGRAPHY

SCOTT RIEWALD

High Performance Director Ph.D., CSCS

Scott Riewald is the U.S. Olympic Committee's winter sport high performance director. In this position, Riewald works in partnership with the eight winter sport National Governing Bodies to coordinate sport science and medical services as well as other forms of support for winter sport athletes. The goal of his work is to enhance athlete performance and give U.S. athletes the best chance possible to podium at the Olympic Winter Games. To this end, Riewald manages a sport science staff with expertise in exercise physiology, sport nutrition, sport psychology and strength and conditioning. They work to understand the critical factors impacting performance and develop sport- and athlete-specific strategies for impacting performance.



Prior to working for the USOC, Riewald worked for the United States Tennis Association, where he served as the sport science administrator in its player development division. He worked closely with the sport science staff, the coaching education department and the USTA sport science committee to integrate sport science, sports medicine and technology with the goal of developing high performance tennis players. Before his work with USTA, Riewald spent four years as the biomechanics director for USA Swimming, where he was part of an international biomechanics research team at the Sydney 2000 Olympic Games.

Riewald received a bachelor's degree in biomedical engineering from Boston University, where he was a highly decorated swimmer. He then earned a doctorate in biomedical engineering from Northwestern University where he studied neuromuscular control and biomechanics of movement. He is also certified as a strength and conditioning specialist by the NSCA.

Riewald and his wife, Suzie, currently live in Colorado Springs, Colo., with their two children, Maddox and Callie.